

**FOR IMMEDIATE RELEASE**

Texas Spine & Joint Hospital  
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**Texas Spine & Joint Hospital Begins Free Seminar Series**

Texas Spine & Joint Hospital will once again host a series of free seminars beginning March 15, 2007. The seminar topics will include

- Knee and hip pain,
- Back and neck pain,
- Shoulder pain and
- Hand pain (New Topic!)

Debra Pelton, Chief Nursing Officer for Texas Spine & Joint Hospital says, "Our seminar series is specifically designed to help people take a proactive approach in their healthcare through providing education and resources. Patients who are educated about their condition asked more questions and have less anxiety about their treatments. Studies show that people get better results from treatments when they have education about their condition."

"We had over 350 people attend our seminars last year," said Nancy Johnson, Marketing Coordinator for Texas Spine & Joint Hospital. "We are excited about adding a seminar that includes hand pain this year."

The seminars are free and will be offered once per month from March 15, 2007 to October 11, 2007.

For more information contact Nancy Johnson 903-525-7002.